







1 | San Miguel de Allende is home to numerous art galleries. 2 | The distinctive pink cathedral, La Parroquia, dominates the skyline. 3 | The pool at Matilda. 4 | Dine alfresco in The Restaurant's 18th-century Moroccanstyle courtyard. 5 | Look out for unusual homewares and artefacts. 6 | Mercado Ignacio Ramírez offers a fantastic selection of souvenirs.

GREAT ESCAPE

SAN MIGUEL DE ALLENDE



Architect and interior designer Natalia Miyar is seduced by the innovative cuisine, vibrant markets and colonial buildings

of this historic city in central Mexico





STAY

I was born in Mexico City, 170 miles to the south, and spent many glorious weekends here as a child and I often return. I like the ambience of L'Ôtel, I-otelgroup. com, from £192 a night, an intimate boutique hotel with four sumptuous suites - it feels like staying at someone's house. Matilda, hotelmatilda.com, from £170 a night, has a contemporary vibe enhanced by a collection of modern art. My personal choice is a private villa such as Casa Heyne, which can be rented through Premier San Miguel, premiersanmiguel.com. This authentic experience reminds me of my childhood in Mexico.

EAT

This is a proper foodie town and as Mexican food is what I grew up on, I can't get enough of it. I love Donnie Masterton's cooking at The Restaurant, therestaurant sanmiguel.com, which is bold and innovative, especially his duck dishes and the local cheeses from Luna de Queso, which he served at my sister's wedding. At Matilda (see left). Moxi. moxi.com.mx. is worth a visit. It offers classic Mexican cooking reinterpreted by renowned chef Enrique Olvera. La Azotea, a rooftop bar on Umaran 6, near La Parroquia, has a lively, energetic crowd. Head here for great margaritas and delicious prawn tacos.

SHOP

My first stop is always Mercado Ignacio Ramírez, a treasure trove of a market, full of silver, pottery, fabrics, paper crafts and heavenly sweets. For a one-of-a-kind Mexican poncho or serape, visit Recreo San Miguel, recreosan miguel.com. Fábrica La Aurora, fabricalaaurora.com, is an art and design gallery specialising in beautiful crafts. I particularly love the black pottery, which is from Oaxaca and terribly smart. For an indulgent souvenir, visit Casa **Dragones**, casadragones.com, home to the most wonderful sipping tequila I've ever had. Book a private tour of the distillery and 17th-century stables.

VISIT

El Jardin is the principal square, which is a good place to anchor yourself. The shops here feature simple and colourful crafts, and the plaza's candy pink cathedral, La Parroquia, is particularly spectacular lit up at night. The Centro Cultural Ignacio Ramírez El Nigromante, elnigromante. bellasartes.gob.mx, is one of the most stunning buildings in town. It hosts exhibitions and has incredible murals by David Alfaro Siqueiros. You can organise hot-air balloon rides and other activities during your trip, but I prefer to stay in the city, enjoying the colours, sights and warmth of one of Mexico's loveliest places.